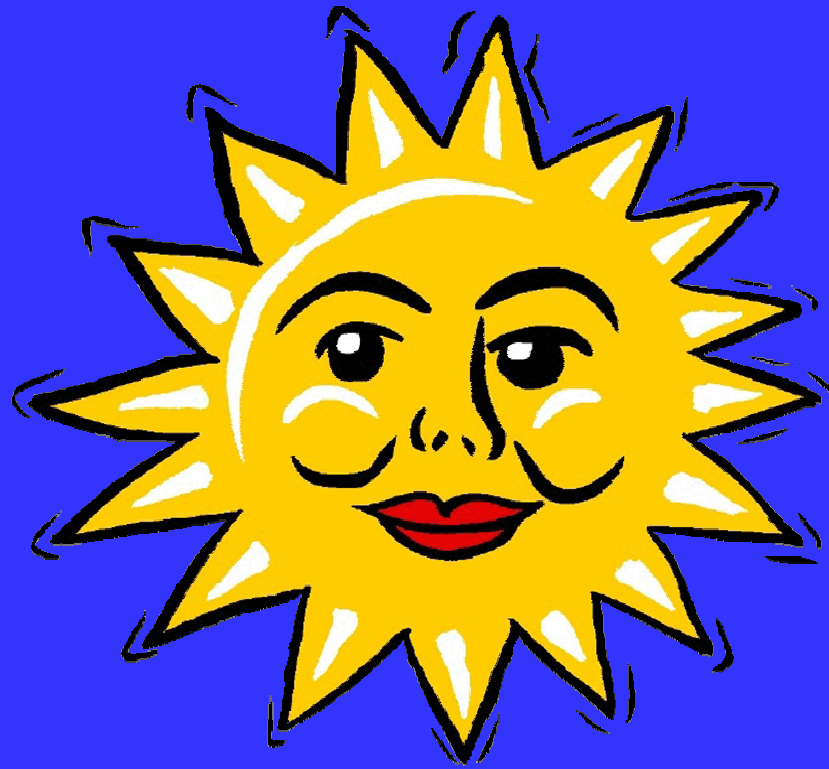


# Introduction to Self-Direction

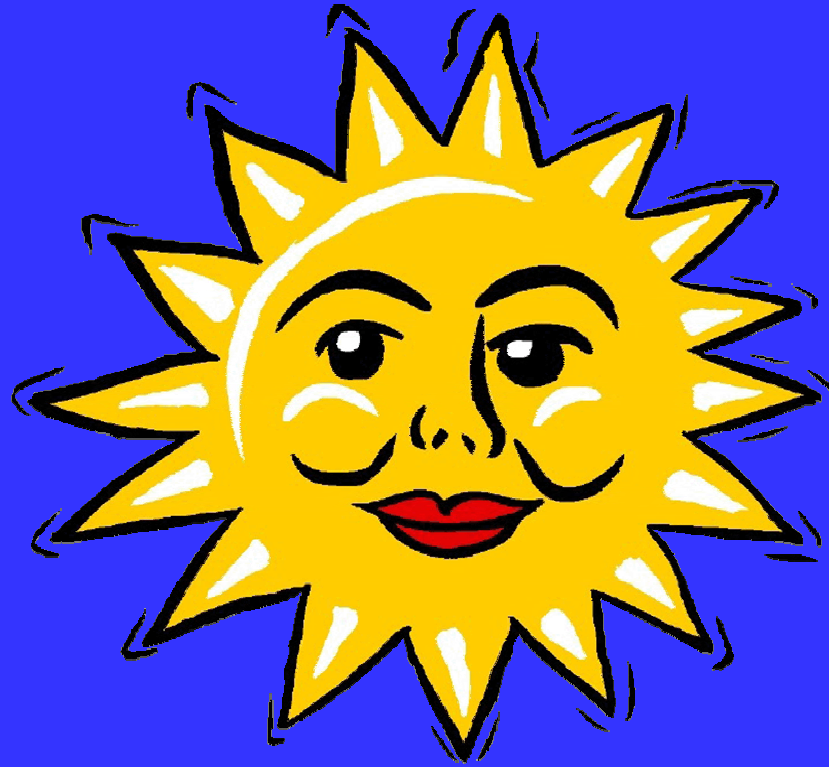


## Module 1 (Part B) Making Choices and Planning

Materials developed by:  
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# Introduction to Self-Direction

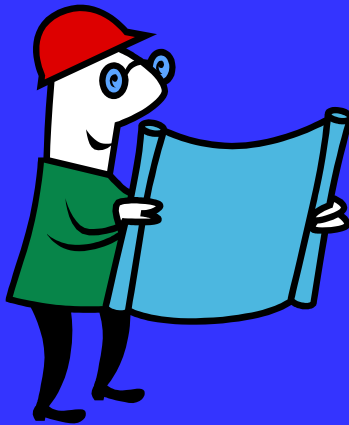


## Module 1 (Part B) Making Choices and Planning



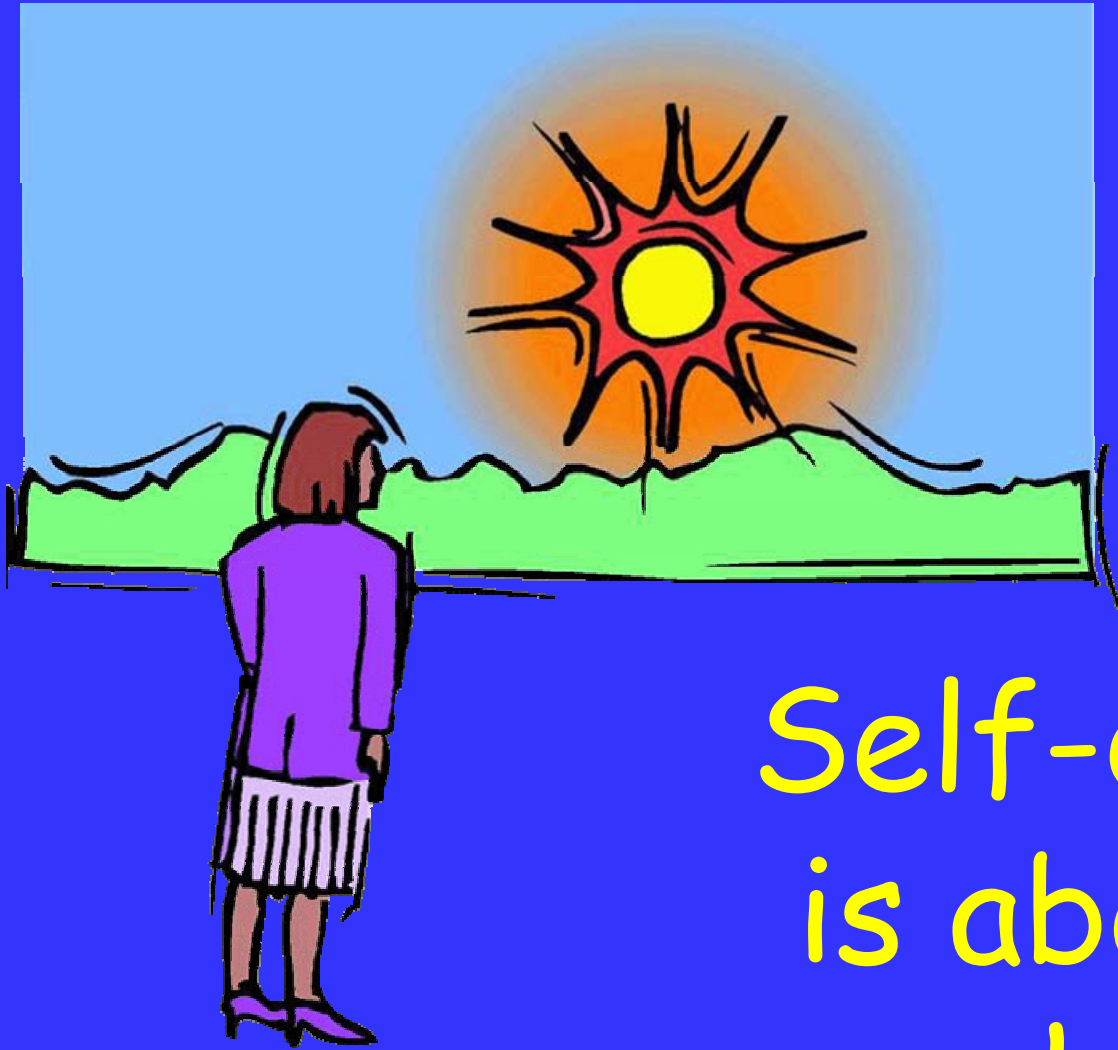
DREAMING

CHOOSING



PLANNING





Self-direction  
is about your  
choices.

We make choices  
everyday.



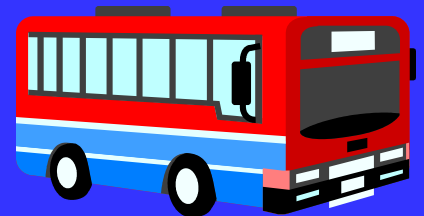



Breakfast?

Clothes?



Transportation?





Choices  
today

Important  
choices





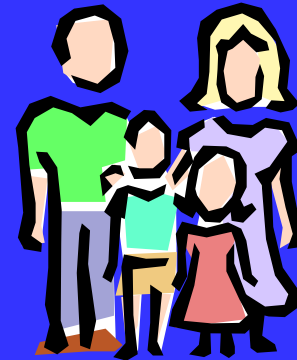
Live



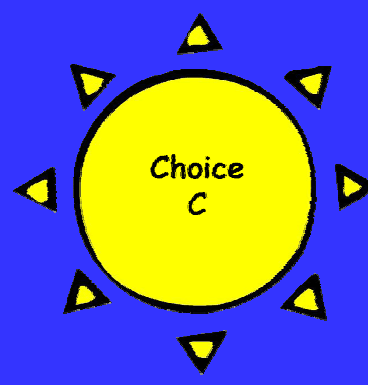
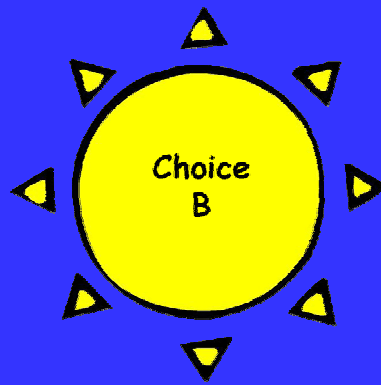
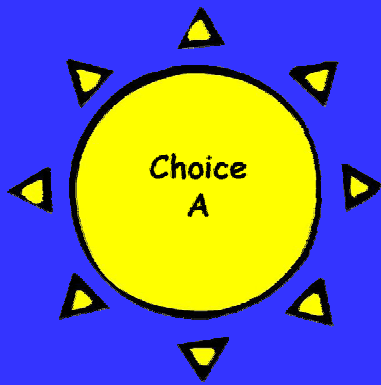
Play



Work



People in  
Your Life



I WANT  
CHOICES!



Making  
good choices...

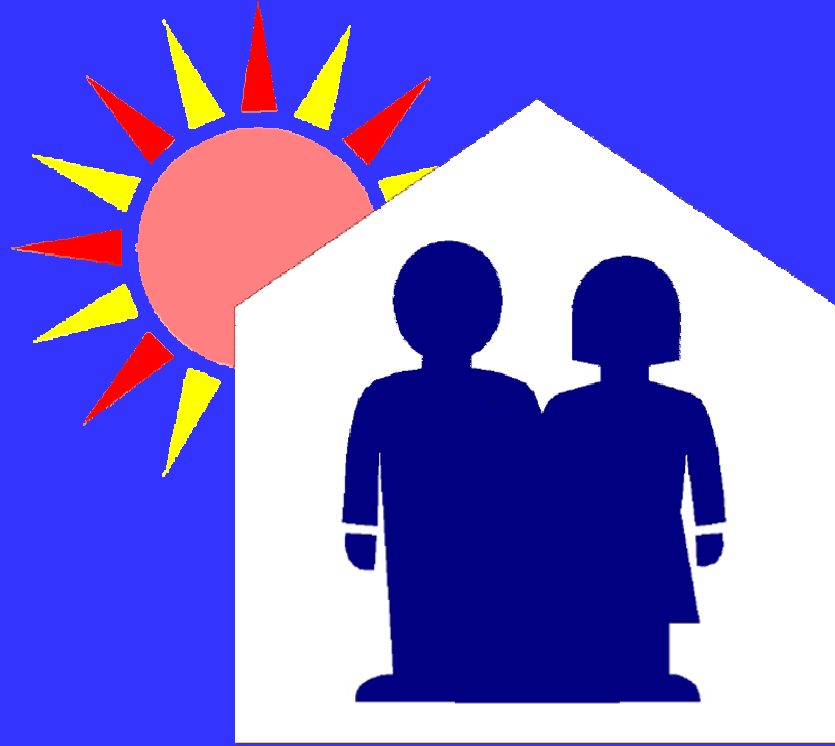






## Activity #1

What are the  
steps?



*Getting help to make  
good choices*

Self-  
direction  
is about  
you  
making a  
*plan.*



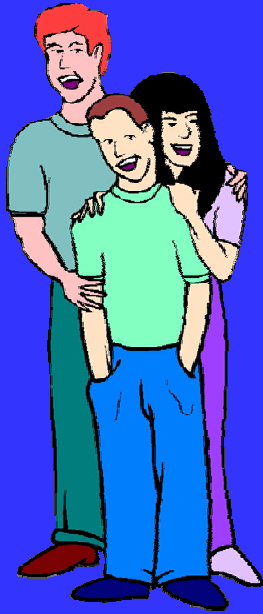
### My Dreams

- 1.
- 2.
- 3.
- 4.
- 5.

### My Choices

- 1.
- 2.
- 3.
- 4.
- 5.

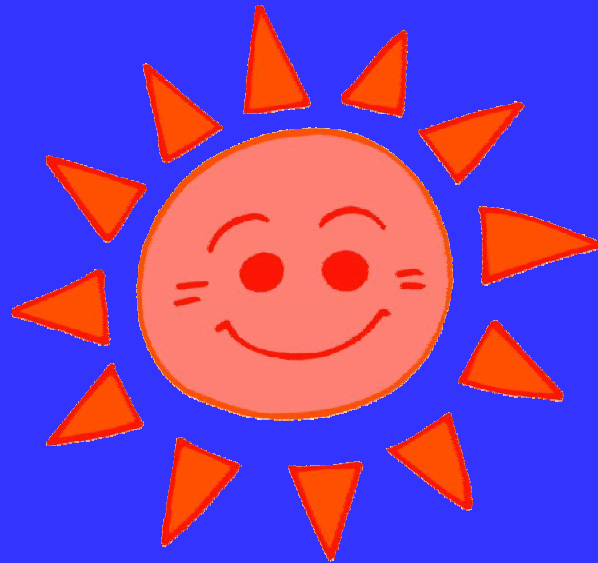
Family



Case Manager



Sharing your  
dreams  
and choices



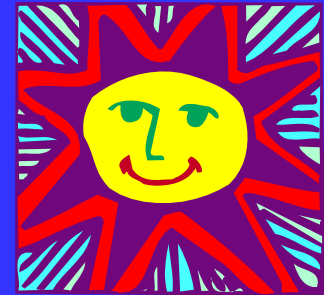
Friends



What have we  
learned?



# Share your thoughts with us...



1. What is one thing you learned about self-direction?
2. What are some choices you make in life?
3. What are some choices that you don't make for yourself?
4. Who are the people who could help you make choices and a plan?
5. What more do you want to know about self-direction?